



Newsletter – Pontiac Community Development Corporation

## NO 14 – OCTOBER 2018

**2018 Forum** – We are pleased to announce the name of our guest speaker. This is Mr. Denis Marion. Mayor of the municipality of Massueville in Montérégie, Mr. Marion is also president of the *Réseau Québécois des Villes et Villages en santé*. He is Vice-Chairman on the Board of Directors of the *National Institute of Public Health of Quebec* (INSPQ). His talk will focus on how the work of elected officials is changing rapidly and how these changes are demanding and force them to innovate in new areas, such as health and healthy lifestyles.

### Info CDCP

**Your new CDC Pontiac Board of Directors was elected at the AGM on September 24th.**

Tyler Ladouceur, president

Michèle Gagnon, Vice-president

Ellen Boucher, Treasurer

Sylvie Bertrand, administrator

Kathleen Bélec, administrator

Michel Vallières, secretary

Thank you to all members for their participation.

### News from the members

**Congratulations to Bouffe Pontiac who won the Coup de Coeur Award at the Centraide Outaouais AGM.**

### Also on this Issue

**Comité 0-5 ans** – Lets play at the park!

**Maison de la famille de Pontiac** – See October program.

**Mont O'Brien Association** – News from Board Members.



**PONTIAC Forum 2018**

DÉVELOPPEMENT SOCIAL ET COMMUNAUTAIRE  
SOCIAL AND COMMUNITY DEVELOPMENT

**2018 Forum** – We are planning an animation on the participation of elected officials in collective development. We will ask for your participation: you will shortly receive a question (**1 only**) by email to which we will invite you to answer. We are freely inspired by an activity developed by **Communagir** and we invite you to see (or review) this **video** on this theme.



**CDC PONTIAC**  
CORPORATION DE DÉVELOPPEMENT  
COMMUNAUTAIRE

**2018 Forum** – The invitations have been mailed. Thank you for confirming your presence as soon as possible.

# JOUONS AU PARC!





# LET'S PLAY AT THE PARK!

<b>9h30 à 11h00</b> <b>9:30 a.m. to 11:00 a.m.</b>	<b>Campbell's Bay</b> <b>(Champ de baseball</b> <b>Baseball field)</b>	<b>Luskville</b> <b>(Parc récréatif)</b>
<b>Septembre 2018</b> <b>September 2018</b>	<b>7, 21</b>	<b>17</b>
<b>Octobre 2018</b> <b>October 2018</b>	<b>5, 19</b>	<b>1, 15</b>
<b>Mai / May 2019</b>	<b>3, 17</b>	<b>6</b>
<b>Juin / June 2019</b>	<b>7, 21</b>	<b>3, 17</b>



**ANIMATION ET JEUX LIBRES!**  
**ACTIVITIES AND FREE PLAY!**

**Pour plus d'info / For more information: Lisa Corrigan,**  
**819 648-2825, anim05pontiac\_est@hotmail.com**

Lundi-Monday	Mardi- Tuesday	Mercredi-Wednesday	Jeudi- Thursday	Vendredi
<b>1</b> <b>Pedagoga</b> Exercices pour enfant Children exercises 10 h à 11 h/10am to 11am  <b>Ruegelo-Déce</b> OMH de Campbell's Bay 10 h à 12 h/ 10 am to noon	<b>2</b> <b>PAPFC</b> Fermer aux non participants Closed to non- participants <b>Moon Broomers</b> Exercices / exercises 18 h à 19 h/6pm to 7pm	<b>3</b> <b>Banana Club</b> 9 h 30 à 11 h30  <b>ArtiShow</b> (Atelier scolaire) 12 h à 15 h	<b>4</b> <b>Café des aînés</b> Activités sociales <b>Elders</b> <b>Meet and greet</b> Social activities 9 h 30 à 12	<b>5</b> Fermer aux publiques
<b>8</b>  <b>Closed</b> due to Thanksgiving Day	<b>9</b> ● <b>ArtiShow</b> Atelier peinture pour tous painting workshop 10 h à 14 h/10am to 2pm <b>Moon Broomers</b> Exercices / exercises 18 h à 19 h/6pm to 7pm	<b>10</b>	<b>11</b>  <b>Dîner communautaire</b>	<b>12</b> Closed to the public  <b>ArtiShow</b> (Atelier scolaire) 12 h à 15 h
<b>15</b> <b>Pedagoga</b> Exercices pour enfant Children exercises 10 h à 11 h/10am to 11am	<b>16</b> <b>PAPFC</b> Fermer aux non participants Closed to non- participants <b>Moon Broomers</b> Exercices / exercises 18 h à 19 h/6pm to 7pm	<b>17</b> <b>Banana Club</b> 9 h 30 à 11 h30 <b>Stitch_ _ _</b> Atelier de couture /sewing workshop 13 h à 15 h/ 1pm to 15pm	<b>18</b> <b>Dîner partage</b> Halloween <b>Potluck lunch</b> 11h30	<b>19</b> Fermer aux publiques
<b>22</b> <b>Pedagoga</b> Exercices pour enfant Children exercises 10 h à 11 h/10am to 11am <b>Ruegelo-Déce</b> OMH de Campbell's Bay 10 h à 12 h/ 10 am to noon	<b>23</b> <b>PAPFC</b> Fermer aux non participants Closed to non- participants <b>Moon Broomers</b> Exercices / exercises 18 h à 19 h/6pm to 7pm	<b>24</b> ○ <b>Les P'tits chefs</b> <b>Little chefs kitchen</b> 10h à 12h /10 am to noon <b>Stitch_ _ _</b> Atelier de couture /sewing workshop 13 h à 15 h/ 1pm to 15pm	<b>25</b> <b>Ruegelo-Déce</b> Ateliers artistiques pour aînés Elders arts and crafts 10 h à 14 h/10am to 2pm <b>Cuisine famille/Family kitchen</b> 10 h à 14 h/10am to 2pm	<b>26</b> Fermer aux publiques
<b>29</b> <b>Pedagoga</b> Exercices pour enfant Children exercises 10 h à 11 h/10am to 11am <b>Ruegelo-Déce</b> OMH de Campbell's Bay 10 h à 12 h/ 10 am to noon	<b>30</b>	<b>31</b> <b>Maison des sorcières</b> Les sorcières de la Maison de la famille du Pontiac invitent les tout-petits dans leur maison le <b>31 octobre dès 17 h</b> . Des friandises seront distribuées. <b>The witches house</b> On the evening of <b>October 31st at 5 pm</b> , The witches of the Maison de la famille du Pontiac will be welcoming All the little ones in their house. Goodies will be distributed.		



Octobre-October  
2018



**Halte- Cou-cou** *Coucou!*

Service de Halte-garderie gratuit,  
disponible selon notre horaire  
Free Drop-in daycare service  
available according to our schedule



Maison de la famille du  
Pontiac  
161 rue Principale Fort-  
Coulonge QC  
819-683-1337  
mdfpontiac.int@gmail.com

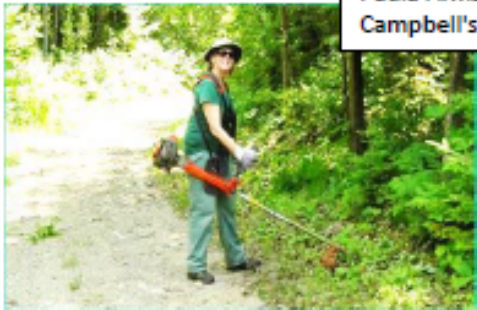


About the Mont O'Brien Association: We have been registered with the REQ since 2000 as a Non-profit organisation. Since 2013, the Association has also been registered with the Canada Revenue Agency as a charitable organisation. Thus we can give tax receipts for donations.

The Association is independent. Its purpose is to encourage biodiversity protection, to provide trails, excursions for hiking, birding & mushroom forays, and a small camping site at Lake O'Brien, within the Mont O'Brien Biodiversity Reserve on public land. Our other objective is to educate and involve the public in biodiversity protection. Volunteers with the Association built an access road across private land in 2003 under a right-of-way agreement. Volunteers maintain access roads and roadsides, as well as the Mary Haydon Trail on Mont O'Brien and the "Easy Trail" across the foot of Mont O'Brien. We charge an annual membership fee of 25\$ for families or individuals, so as to allow members of the public to use the Reserve as stewards of the Reserve. The fee goes towards road maintenance and gravel.

**Board Members, 2018:**

Paula Armstrong, President: Biologist & Forest ecologist, Campbell's Bay, Thorne municipality



Sylvain Masset, Vice President: Sylvain is from Lyon, France and works in IT in Ottawa. He can be seen fishing, hiking and canoeing around during the summer and X-C skiing and snowshoeing during the winter.



Michael H. Walker, Treasurer: Naturalist, Translator Eastern European languages, Kaz Municipality resident, photographer of moths.



Newest Board member, Gerry Toomey, Secretary: Consultant on architectural geometry, science writer, amateur lake ecologist, & long-time cottager in Alleyn-&-Cawood.



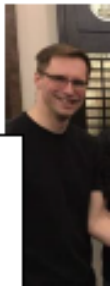
Mona Giroux Woodstock, Alleyn et Cawood Municipal Council Representative: Mona is also the secretary of the Canadian Legion in the MRC Pontiac.



Our separate Membership Secretary is Marie-Thérèse Kazeef, Kaz resident, gardener and active community volunteer.



Our Webmaster is Jesse M. Ruppell of Ottawa. His interests are curling and running. Originally from Thorne Municipality, he attended Pontiac High School in Shawville.



Time commitment of Board members: The Mont O'Brien Association is a non-profit, charitable organisation, and our Board members are unpaid volunteers. The activities of the Association are planned and supervised by the Board. From February to November, the Board meets for two hours each month. With other Board commitments and Mont O'Brien activities, time commitment totals about 6-8 hours per month during those ten months. We keep a record of volunteer hours, which can help us in getting funds for nature education, hiking trail infrastructure, etc.